



An Introduction to Therapeutic Assessment

Presented by Raja M. David, PsyD, ABPP, LP
Minnesota Center for Collaborative/Therapeutic Assessment

Friday October 4 & 11, 2019 from 8:30 to 1:30.

Training Overview

This two-day workshop is designed for Licensed Psychologists and psychology graduate students interested in learning about the Therapeutic Assessment model developed by Stephen Finn and his colleagues. The workshop is capped at 6 participants to allow for a small group, learning experience.

Therapeutic Assessment (TA) is a highly individualized and collaborative approach to psychological assessment that often leads to growth for clients. Participants will come to understand the core values of TA as well as the interpersonal stance that contributes to successful application of the model. Key concepts related to TA will be presented and common psychological tests used in the model will be introduced. Participants will be exposed to the different steps that are part of a TA and come to appreciate how to develop questions to be answered through testing, and how to explore test results to build client insight. As the different steps of the model are explained, clinical vignettes and test data will be used to illuminate the application of this approach. At the end, participants will be given some key takeaways about the model and steps they can begin to use to enhance client care.

Objectives

By the end of this training participants will be able to:

- List and describe the different steps in the adult Therapeutic Assessment model.
- Design an assessment that aligns with the Therapeutic Assessment model and values.
- Conduct an initial TA session and implement basic skills for identifying client questions.
- Comprehend the values and skills necessary for conducting an Extended Inquiry following standardized testing and begin to use 2-3 of those techniques with clients.
- Describe the goals and purpose of an Assessment Intervention Session (AIS) and be able to construct and implement a simple AIS plan with a client.
- Conduct a Discussion session following TA principles to maximize the therapeutic benefit for the client.
- Understand the approach to writing a personalized letter to a client following TA principles.
- Begin to appreciate how to work effectively with referring clinicians and how to bill for TAs.

Workshop Schedule

<u>Time</u>	<u>Day 1</u>	<u>Day 2</u>
8:30-10:00	Personal & Professional introductions. Overview of workshop. Introduction to TA. <ul style="list-style-type: none">• History• Key terms• Underlying theory• Research on efficacy	Brief review of day 1 and questions. Conducting Assessment Intervention Sessions (AIS). <ul style="list-style-type: none">• Case conceptualization and identifying Level 2-3 information to target.• Conducting Assessment Intervention Session (AIS) and planning for various outcomes.• Examples.
10:00-10:15	Break	Break
10:15-11:45	Adult TA model. Working with referral sources and clients prior to beginning a TA. 1 st TA session. <ul style="list-style-type: none">• Orienting client• Relational frame• Steps of first session and identifying client questions• Question examples Post-session evaluation.	Conducting Discussion sessions. <ul style="list-style-type: none">• Planning for discussion session• Structure of discussion session and steps Strategies and tips for writing personalized letters and conducting follow-ups sessions.
11:45-12:00	Break	Break
12:00-1:30	Overview of testing sessions. Test selection process and rationale. Relational approach to testing. Conducting Extended Inquiries <ul style="list-style-type: none">• Self-report measures• Cognitive measures• Objective personality testing• Performance based testing• Examples Day 1 review and questions.	Additional TA models. <ul style="list-style-type: none">• Couples• Teen• Child• Ultra-brief Practice topics. <ul style="list-style-type: none">• billing TAs• marketing TAs• explaining TAs to clients and professionals Workshop review and summary.

Continuing Education

This program has been approved by the MN Board of Psychology for 9 continuing education hours. Board Log#20210.759. Additionally, the Executive Committee of the Therapeutic Assessment Institute (TAI) has approved this workshop as counting as a Level 1 TA training, which may be beneficial to those seeking certification in TA.

Location

The workshop will be held in the conference room where the MN Center for Collaborative/Therapeutic Assessment is located: 1595 Selby Ave. St. Paul, MN 55104

Prerequisite Training

The training is open to licensed psychologists and graduate students training to be psychologists. Coursework and clinical experience with psychological testing and objective and performance-based tests are ideal. The workshop is capped at six participants.

Workshop Leader



Raja M. David received his Doctorate in Psychology (PsyD) at the Minnesota School of Professional Psychology in 2002. He was licensed as a psychologist in Minnesota in 2004, and his clinical work has focused on both psychotherapy and psychological evaluations. He is board certified in Child and Adolescent Clinical Psychology (ABPP) and specializes in working with adolescents and young adults. He is the founder and owner of the Minnesota Center for Collaborative/Therapeutic Assessment, which was established in 2019, but he has been conducting Therapeutic Assessments at his private practice since 2012. He has participated in intensive trainings on Therapeutic Assessment with the model's creator Dr. Stephen Finn in

Austin, Texas. In 2015, he earned certification in the adult model of Therapeutic Assessment by the Therapeutic Assessment Institute, of which he is now a member. Raja has also trained on some of the unique tests often used during Therapeutic Assessments, including the Adult Attachment Projective (AAP) and the Thurston Craddock Test of Shame (TOS). He has received certification in the Wartegg Drawing Completion Test (WDCT)-Crisi Wartegg System (CWS), by the Istituto Italiano Wartegg in Rome, Italy and serves on the United States CWS Scientific Committee.

Raja is the former Program Dean of the Minnesota School of Professional Psychology, and as a faculty member he taught doctoral courses related to providing psychological services, including an elective course on Therapeutic Assessment. In 2019, he recorded two podcasts on Therapeutic Assessment for the Testing Psychologist Podcast (www.thetestingpsychologist.com). Raja has also presented at professional conferences on Therapeutic Assessment and was a plenary speaker at the 2015 Inaugural Collaborative/Therapeutic Assessment Conference and presented on the model with Stephen Finn at the 2019 Society for Personality Assessment (SPA) Annual Conference.

Registration and Payment

The fee for this workshop is \$350.00.

This fee includes the workshop, electronic materials that will be sent via email, and one hour of individual consultation with Raja at any point in the following 12 months. Payment can be made via check, cash or credit card through IvyPay and must be received by September 23, 2019.

Cancellation Policy

Cancellations occurring before September 30, 2019 will receive a 50% refund. Cancellations occurring September 30, 2019 or later will not receive any refund of registration fees.

Additional Information

For more information regarding the training, logistics or to request accommodations, please email Raja directly at raja@mnccta.com.
