



## **An Introduction to Therapeutic Assessment**

**Presented by Raja M. David, PsyD, ABPP, LP**  
*Minnesota Center for Collaborative/Therapeutic Assessment*

**(9 CEs)**

**Friday February 5 and March 5, 2021--9:00am-2:00pm CST (Chicago Time Zone)**

**This training will occur virtually through Zoom.**

### **Training Overview**

This two-day, 9-hour workshop is designed for Licensed Psychologists and psychology graduate students interested in learning about the Therapeutic Assessment model developed by Stephen Finn and his colleagues. The workshop is capped at six participants to allow for a small group, learning experience.

Therapeutic Assessment (TA) is a highly individualized and collaborative approach to psychological assessment that often leads to growth for clients. Participants will come to understand the core values of TA as well as the interpersonal stance that contributes to successful application of the model. Key concepts related to TA will be presented and common psychological tests used in the model will be introduced. Participants will be exposed to the different steps that are part of an adult TA and come to appreciate how to develop questions to be answered through testing, and how to explore test results to build client insight. As the different steps of the model are explained, clinical vignettes including video and test data will be used to illuminate the application of this approach. While the focus will be on the adult TA model, the other models will also be introduced. At the end, participants will be given some key takeaways about the model and steps they can begin to use to enhance client care.

### **Objectives**

By the end of this training participants will be able to:

- ✦ List and describe the different steps in the adult Therapeutic Assessment model.
  - ✦ Design an assessment that aligns with the Therapeutic Assessment values.
  - ✦ Conduct an initial TA session and implement basic skills for identifying client questions.
  - ✦ Describe the values and skills necessary for conducting an Extended Inquiry following standardized testing and begin to use 2-3 of these skills with clients.
  - ✦ Explain the goals and purpose of an Assessment Intervention Session (AIS).
  - ✦ Conduct a Discussion session following TA principles and guidelines.
  - ✦ Understand the basic steps required for writing a personalized letter to a client following TA tenets.
  - ✦ Identify relevant factors to consider when working with referring clinicians and billing for TAs.
-

## Workshop Schedule

<u>Time</u>	<u>Day 1</u>	<u>Day 2</u>
9:00-10:30	Personal & Professional introductions. Overview of workshop. Introduction to TA. <ul style="list-style-type: none"> <li>• History</li> <li>• Key terms</li> <li>• Underlying theory</li> <li>• Research on efficacy</li> </ul>	Assessment Intervention Sessions (AIS). <ul style="list-style-type: none"> <li>• Case conceptualization and identifying Level 2-3 information to target.</li> <li>• Conducting the AIS and planning for various outcomes.</li> </ul>
10:30-10:45	Break	Break
10:45-12:15	Adult TA model. Working with referral sources and clients prior to beginning a TA. 1 <sup>st</sup> TA session. <ul style="list-style-type: none"> <li>• Orienting client</li> <li>• Relational frame</li> <li>• Steps of first session and identifying client Assessment Questions (AQs)</li> </ul>	Conducting the Summary/Discussion sessions. <ul style="list-style-type: none"> <li>• Planning the Summary/Discussion session</li> <li>• Structure and steps of the Summary/Discussion session</li> </ul> Strategies and tips for writing personalized letters
12:15-12:30	Break	Break
12:30-2:00	Overview of testing sessions. Test selection process and rationale. Relational approach to testing. Conducting Extended Inquiries <ul style="list-style-type: none"> <li>• Self-report measures</li> <li>• Cognitive measures</li> <li>• Objective personality testing</li> <li>• Performance based testing</li> </ul>	Additional TA models. Practice topics. <ul style="list-style-type: none"> <li>• billing TAs</li> <li>• marketing TAs</li> <li>• conducting TAs virtually</li> </ul> Workshop review and summary.

### Continuing Education

The Society for Personality Assessment is approved by the American Psychological Association to sponsor continuing education for psychologists. Society for Personality Assessment maintains responsibility for this program and its content. CE credits will be available for \$15.00, payable at the time of registration. In addition, the Executive Committee of the Therapeutic Assessment Institute (TAI) has approved this workshop as counting as a Level 1 TA training, which may be beneficial to those seeking certification in TA.

### Prerequisite Training

The training is open to licensed psychologists and graduate students training to be psychologists. Coursework and clinical experience with psychological testing and objective and performance-based tests are ideal. The workshop is capped at six participants.

---

## Workshop Leader



Raja M. David received his Doctorate in Psychology (PsyD) at the Minnesota School of Professional Psychology in 2002. He was licensed as a psychologist in Minnesota in 2004, and his clinical work has focused on both psychotherapy and psychological evaluations. He is board certified in Child and Adolescent Clinical Psychology (ABPP) and specializes in working with adolescents and young adults. He is the founder and owner of the Minnesota Center for Collaborative/Therapeutic Assessment, which was established in 2019, but he has conducted over 100 Therapeutic Assessments at his private practice since 2012. He has participated in intensive trainings on Therapeutic Assessment with the model's creator Dr. Stephen Finn in Austin, Texas. In 2015, he earned certification in the adult model of Therapeutic Assessment by the Therapeutic Assessment Institute (TAI), of which he is now a member. Raja has trained over 200 clinicians on TA, and routinely provides consultation to clinicians and mental health centers looking to implement the model. He has also trained on some of the unique tests often used during Therapeutic Assessments, including the Adult Attachment Projective (AAP), the Thurston Craddock Test of Shame (TCTS), and the Wartegg Drawing Completion Test (WDCT)-Crisi Wartegg System (CWS). In 2020, he authored a chapter on conducting the initial TA session for the forthcoming Oxford Handbook of Personality and Psychopathology Assessment (2<sup>nd</sup> Ed.; J. Mihura Editor).

Raja is the former Program Dean of the Minnesota School of Professional Psychology, and as a faculty member he taught doctoral courses related to providing psychological services, including a course on Therapeutic Assessment. In 2019, he recorded two podcasts on Therapeutic Assessment for the Testing Psychologist Podcast ([www.thetestingpsychologist.com](http://www.thetestingpsychologist.com)). Raja has also presented at professional conferences on Therapeutic Assessment and was a plenary speaker at the 2015 Inaugural Collaborative/Therapeutic Assessment Conference, and in 2020 conducted a Level 2 Live TA Training with Drs. Pamela Schaber and Stephen Finn of the TAI.

### Registration and Payment

Registration will occur through email and the fee for this workshop is \$350.00. Those seeking CE credits will need to pay an additional \$15.00 at the time of registration.

Payment can be made via credit card (IvyPay), check mailed to the address listed in the footer on the first page, PayPal or Zelle ([dradjadavid@gmail.com](mailto:dradjadavid@gmail.com)). If paying by credit card, please provide Raja your cell number and he will send a text through the IvyPay app.

This fee includes the workshop and electronic materials that will be sent via email.

### Refund Policy

Participant cancellations occurring before January 29, 2021 will receive a 50% refund. Cancellations occurring January 30, 2021 or later will not receive any refund of registration fees.

### Attendance

Given this is a virtual conference with a minimal number of attendees, attendance will be visually verified by the presenter. Participants need to be present for all sections to receive CEs.

### Additional Information

For more information regarding the training, logistics or to request accommodations, please email Raja directly at [raja@mccta.com](mailto:raja@mccta.com).

---